

Breakfast Sandwiches 4.50

All breakfast sandwiches prepared with **2 Eggs** and your choice of meat, cheese, & bread

Choose 1 Bread, 1 Meat, & 1 Cheese

<u>MEAT</u>	<u>CHEESE</u>	<u>BREAD</u>
Bacon	Cheddar	Bagel
Ham	Pepperjack	Croissant
Sausage	Swiss	Wrap

Mini Breakfast Sandwich—\$2.00

Breakfast Bowls 4.50

Your choice of egg, meat, and cheese mixed together. Extra toppings available .50 each.

Breakfast Special

Sandwich & Fresh Brewed Coffee

12 oz—5.00	16 oz—5.50	20 oz—5.75
Croissant	1.50	
Bagel & Cream Cheese	2.25	
Artisan Oatmeal	3.25	
Made with Brown Sugar & 1 Mix-In; Craisins, Raisins, Walnuts, Pecans		
Extra Mix-Ins	.35 each	
Honey	.50	

Kids

Kid's Special (quesadilla, PBJ, mini breakfast sandwich or grilled cheese w/ 100% fruit juice box & fruit cup) 3.00

ALL MENU ITEMS ARE SERVED ANYTIME,

CALL AHEAD AND WE'LL HAVE IT READY FOR YOU!

~ Gluten Free Options Available ~

Well Grounded Cafe



WELCOME TO 'THE WELL'

260-637-6622

Or 260-450-6859

Specialty Coffees,
Sandwiches, Salads, Soups,
Bakery, & Catering

14517 Lima Road, Fort Wayne, IN, 46818

~ Ask about our daily specials ~

Monday-Friday 6a to 4p, Saturdays 8a to 2p

Website: wellgroundedcafe.com

Paninis

Your choice of meat & cheese on a fresh baked roll. Grilled & topped with slaw, black olives, purple onion, roasted red pepper, tomato, and our house-made Dijon Ranch sauce

Turkey—6.50 Cheddar

Ham—6.00 Pepperjack

Roast Beef—7.00 Swiss

Wraps 6.50

Amazin Asian

Teriyaki chicken, cabbage, mandarin oranges, green onions, ginger, sesame seeds, rice crackers, & house-made sesame ginger sauce

Ranchero

Chicken breast, black beans, corn, tomato, onion, cheddar, tortilla strips w/ our house-made ranchero sauce

Chicken Cordon Bleu

Chicken breast & ham, tomato, onion, roasted red pepper & swiss cheese w/ ranch dressing

BLT 1—3.50 2—6.50

Bacon, lettuce, & tomato w/ mayonnaise

Croissants 6.75

The Deli

Your choice of turkey, ham, or roast beef w/ your choice of cheese & topped w/ lettuce, tomato & mayo

**Curried Chicken or Tuna Salad

Our house-made Curry Chicken or Tuna Salad w/ your choice of cheese. Grilled & topped with romaine

Quesadilla 4.00

The Big Cheesy

A flour tortilla filled with cheddar cheese and grilled

Add on:

Grilled Chicken Breast **2.00**

Onion, Black Olives, Tomato, Roasted Red **.50 each**

Artisan Salads Full—8.95 Half—5.75

Dressings: Ranch, Balsamic Vinaigrette, Raspberry Vinaigrette, House-made Ranchero, Bleu Cheese, French, Sesame Ginger

Add 2.50 to

Make it a

Special

Any Panini, Wrap, or Croissant

Includes chips, 1 additional side & drink

Sides:

Potato Salad, Cottage Cheese, Fruit/Vegetable Cup, Cookie, Brownie, Chips

Drink Options:

Bottled Water, Soda, Medium Tea or Coffee

Upgrade to a Small Specialty Beverage for 2.50 additional

Apple Walnut Bacon

Chicken breast atop Romaine, apples, walnuts, bacon & cheddar w/ balsamic vinaigrette

Amazin' Asian

Teriyaki chicken atop Romaine, cabbage, mandarin oranges, green onion, sesame seeds & rice crackers w/ house-made sesame ginger dressing

Bleu Apple Pecan

Chicken breast atop Romaine, apples, pecans, cranberries & bleu cheese w/ ranch dressing

BLT

Chicken breast & bacon atop Romaine, tomato, cheddar & onion w/ ranch dressing

Chicken Cordon Bleu

Chicken breast & ham atop Romaine, tomato, onion, roasted red pepper & swiss cheese w/ ranch dressing

Ranchero

Chicken breast atop Romaine, black beans, corn, tomato, onion, cheddar & tortilla strips w/ house-made ranchero dressing

Soup of the Day** Cup—3.00 Bowl—4.00

This & That

1/2 Salad & 1/2 Panini 8.50

Your choice of salad & panini

1/2 Salad & Soup Cup—8.25 Bowl—8.95**

Your choice of salad & soup of the day

1/2 Panini & Soup Cup—6.50 Bowl—7.50**

Your choice of panini & soup of the day

**When Available

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